



Annual General Meeting
Saturday 13 February 2022, Palmer Park, Reading, RG1 3PE

1. Welcome

Ellie Gosling welcomed and thanked all those in attendance for joining us; Kirsty Scott, Ian Gosling, Juliet Fenwick and representation from the following junior member's families; Tetlow, Shears, John, Wilson, Clark, Chenchery, Ford, Howells, Cella-Walker, Cowan, Hatton and Rose.

2. Apologies/Absence

No apologies were received.

3. Minutes of last Annual General Meeting

These were available at the meeting, no further action required.

4. Chairman's report

Ellie thanked everyone for attending the meeting and shared highlights of 2021 which included:

- Open water swimming and Aquapark at Caversham Lakes
- Cycling at Yateley
- Twyford Fun Run
- Mountain biking at Swinley
- Inter club events with Bicester and Witney
- Basingstoke Junior Cross Country League
- Cyclocross events including the Summer evening cyclocross series at Dinton
- Participation at Hever Castle, Woking Aquathlon, Steyning, Dorney Family Triathlon, Phoenix Aquathlon, Thames Turbo Aquathlon, Bath Duathlon
- Session led by Sillwood Park Karate in the woods with tyres!
- Virtual cook-along with Sports dietician, Lou Gubb
- Swimming at the outdoor pool at Polehampton
- Zwift meet-ups
- Eve James' challenge - 30 days, 200 push ups per day = 6,000 push ups
- Virtual transition games & guess the coach!
- Daily selfie challenge

5. Secretary's report

Kirsty shared the following membership figures for 2021:

January – March 2021	No official membership
April – July 2021	24 members
September – December 2021	23 members

In summary, the membership is remaining stable at 23/24 members which is a reduction of 50% pre-pandemic.

6. Treasurer's report

Ian shared a copy of the Income & Expenditure Summary for 2020

Reading Rascals 2021

Income & Expenditure Summary

1 Opening bank balance 01/01/21	£1,545.98
2 Income	
Fees & memberships	£3,592.71
3 Expenses	
Annual affiliation fee to British Triathlon	-£150.00
Coaching Fees	-£2,257.30
Session Expenses	-£740.49
Rascals Merchandise	£231.00
BF Event Fees	£0.00
EA Affiliation Fees	-£150.00
Aqua Park	-£378.00
Sponsorship	£0.00
Other misc exp	-£364.25
Total	-£3,809.04
4 Balance at bank 31/12/21	£1,329.65

Reading Rascals 2020

Income & Expenditure Summary

1 Opening bank balance 01/01/20	£2,529.05
2 Income	
Fees & memberships	£5,044.26
3 Expenses	
Annual affiliation fee to British Triathlon	-£150.00
Coaching Fees	-£2,443.00
Session Expenses	-£260.25
Rascals Merchandise	-£2,352.54
BF Event Fees	£0.00
EA Affiliation Fees	-£380.00
Crystal Palace	£0.00
Sponsorship	£0.00
Other misc exp	-£441.54
Total	-£6,027.33
4 Balance at bank 31/12/20	£1,545.98

Ian stated that although numbers were down reducing the fee income the expenses were broadly in line with the previous year. Merchandise this year showing as income as we sell on the items we have in stock. Our closing cash balance remain healthy having only reduced c.£200 on the previous year. The only expense missing from the 2021 accounts is the Triathlon England Affiliation of £155, paid late.

7. Welfare Officer's report

Kirsty reported that there was a new requirement for all Triathlon Coaches to have completed the UK Coaching Safeguarding and Protecting children course before the end of 2021 and confirmed that all the coaches; Ellie, Kirsty, Juliet & Dave have completed the course. Kirsty also shared that she attended a "Time To Listen" course which is a requirement for all Club Welfare Officers.

8. Election of committee for 2022-23

As per the Club Constitution Full Voting members of the club consist of the Chairman, Secretary, Treasurer and Club Welfare Officer.

The following elections were concluded:

Chairman – Ellie Gosling

Secretary – Kirsty Scott

Treasurer – Ian Gosling

Club Welfare Officer – Kirsty Scott

9. Strategy and direction for forthcoming year

Ellie opened the floor to the junior Rascal members for feedback as to what sessions they enjoy/ideas of events/activities they would like to do. The suggestions were:

- Sessions which include all three disciplines, a suggestion was a triathlon at Horseshoe Lake or Queen Anne's School
- Caversham Aqua Park
- Coral Reef
- Aldershot 50m pool
- Guildford Lido – including the Phoenix Aquathlon series
- Lower Early BMX track
- Running sessions at Yateley airfield
- A cycling trip to Box Hill
- Activity weekend at Calshot
- Outdoor swimming at Hampton and Newbury pools
- Race preparation – including fuelling, warm up exercises, hydration and cool down
- Little Welly - Henley

All of these ideas will be considered by the coaches at the next planning meeting for the Summer Term.

10. Any other Business

Yvette Shears asked if there was any scope for specific training sessions for the “older” Rascals, those 14+ who are having to attend clubs/sessions for the individual disciplines. Ellie to speak with other local Tri Clubs to discuss the option of collaborating to make this a possibility.

11. Close

Meeting closed at 3.30pm.

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