

Destination Basingstoke Cross Country League

Sunday 6th February 2022

DOWN GRANGE SPORTS COMPLEX, **BASINGSTOKE (RG22 5HG)**

Race Times and approximate distances:

Under 9 Girls	1.15 pm	1400 m approx
Under 9 Boys	1.25 pm	1400 m approx
Under 11 Girls	1.35 pm	2200 m approx
Under 11 Boys	1.50 pm	2200 m approx
Under 13 Girls	2.05 pm	3000 m approx
Under 13 Boys	2.20 pm	3000 m approx
Under 15 Girls	2.35 pm	4000 m approx
Under 15 Boys	2.35 pm	4000 m approx

Please see separate map for course details:

Parking

Please park at the Down Grange Athletics Track car park, when this is full please use Stratton Park car park (second turning on the right past the entrance to Down Grange). The route to the course will be clearly directed from the Athletics Club car park.

Please note: NO PARKING AT MILLER & CARTER STEAKHOUSE OR BASINGSTOKE RUGBY CLUB.

Toilet Facilities

There are toilets in the Pavilion building. (This will be clearly marked)

First Aid Facilities

First Aiders will be present.

Race Information

Please try to arrive at least one hour prior to race to allow for car parking, walking course and warm up.

Basingstoke League XC Course

1.15	U9G	START-A-B-E-FINISH	1340m
1.25	U9B	START-A-B-E-FINISH	1340M
1.35	U11G	START-A-B-C-D-B-E-A-FINISH	2070M
1.50	U11B	START-A-B-C-D-B-E-A-FINISH	2070M
2.05	U13G	START-A-B-E-A-B-C-D-B-E-A-FINISH	3200M
2.20	U13B	START-A-B-E-A-B-C-D-B-E-A-FINISH	3200M
2.35	U15B&G	START-A-B-C-D-B-E-A-B-C-D-B-E-A-FINISH	3900M

